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GREEN SPORT

ERASMUS + SPORT 2024 project

- *Working materials guideline for exploring the topic of environmental protection methods with young athletes in workshops. By giving guidelines and topics, let them brainstorm on ways to reduce impact on the environment. Write down their ideas and general direction of the discussion. We will use their ideas to compare with ideas from other resources in a later workshop. Ideas will be used in organizing the event at your club at a later stage of the project.*

ENVIRONMENTAL PROTECTION METHODS IN MASS SPORTING EVENTS

Work with young athletes in exploring the topics of environmental protection. At a workshop, have the young athletes explore the topic and find innovative solutions using the brainstorming method.

- **WATER MANAGEMENT**

How to reduce the amount of water used? How to make use of the waste water? (i.e. filters on faucets to reduce the water flow, reducing the amount of toilet flush water for the events, personnel at the bathroom to prevent water flowing in vain, etc.)

- **ENERGY USE**

Which types of energy to use? How to reduce the amount of energy used for the event? (i.e. use of lean bulbs, use of timers on lighting, less heated water, etc.)

- **MOBILITY**

Which type of transport to use? How to minimize the cost and environmental impact of transportation services for the guests? (i.e. bulk transports, carpooling, use of electrical vehicles, bikes available, etc.)

- **WASTE MANAGEMENT**

How to reduce the amount of waste materials produced at the event? How to dispose of the waste properly? (i.e. separate waste collection, using biological materials for composting, etc.)

- MATERIALS AND EQUIPMENT

How to make use of the used and unused materials and equipment? (i.e. exchanging or garage sales of used equipment, sharing equipment among teams etc.) How to reduce the amount of paper waste) (i.e. digital communication methods, setting up a project social media account for the event to keep all participants posted and up-to-date, etc.)

- AIR QUALITY

How to reduce the impact of the event on air quality locally? (in relation to transport and mobility, reducing the impact of exhaust gases.)

- FOOD AND BEVERAGE

How to reduce the negative impact on the environment (less waste, less transportation cost) in connection to the food and catering for the guests? (i.e. buying local food, using local sources, boxing-free catering, biodegradable materials or washable materials and cutlery for the service, etc.)

As guidance for the coaches leading the workshops, here are some general ideas and directives for sporting events, taken from <https://us.humankinetics.com>:

General directives for reducing the environmental impact at sporting events

- Use digital communication (websites, social media, e-tickets) rather than printed materials (fliers, programs, paper tickets).
- Use electric vehicles for staff, participant, and spectator transportation.
- Maximize public transportation to and from event venues.
- Incorporate eco-friendly cleaning products and practices.
- Use recyclable or compostable food ware and utensils.
- Provide recycling bins next to or in place of trash receptacles.
- Buy locally sourced food and beverages.
- Reuse supplies and equipment.
- Use sustainable materials for products and supplies.
- Use renewable energy to power venues.
- Conserve water and other natural resources.